

Recommended Buffalo Public Schools
Grades 7-8 Daily Schedule

Recommended Time Allotment	Monday	Tuesday	Wednesday	Thursday	Friday
8:00-8:30 am (30 mins)	<u>Healthy Start and Planning</u> Eat a healthy breakfast. Make plans for your day.				
8:30-9:00 am (30 mins)	<u>Morning Movement</u> Begin your mornings with stretches, yoga, or exercise				
9:00-10:00 am (60 mins)	<u>English Language Arts</u> To include: ELA Module, Vocabulary Practice, Independent Reading, Writing and Grammar Activities, ELA Practice Questions, Reading Logs, and Journaling Lexia PowerUp				
10:00-11:00 am (60 mins)	<u>Mathematics</u> Math Module, Finish Line Workbook, Prodigy Math, Moby Max Math, Sprints, Khan Academy, Weekend Workouts				
11:00-11:30am (30 mins)	<u>Visual Art / Music</u> Art Lesson, Virtual Field Trips, Instrument/Music Practice				
11:30-12:00 am (30 mins)	<u>Lunch</u>				
12:00-12:45 pm (45 mins)	<u>Science</u> Pearson Elevate, Science Links, Simulated Lab Activities, Brain Pop, NYS Science Standards Game Links, Scholastic Grade 8 – Practice Questions for 8 th Grade State Science Test				
12:45-1:15 pm (30 mins)	<u>CTE – Home & Careers / Technology / World Language (Grade 8)</u> (World Language) Realidades and Santillana lessons, Release exam questions, vocabulary translation (CTE) Everfi Assignments, Code Combat, Measurement Lab Skimmer				
1:15 – 2:00 pm (45 mins)	<u>Social Studies</u> Social Studies Lessons (Themes vary by Grade level), Interactive Virtual Field Trips				
2:00 – 2:30 pm (30 mins)	<u>Physical Education / Health Education</u> exercise log 7 th Grade Health assignments – assigned by individual teachers				
2:30 -3:00 pm (30 mins)	<u>Organization / Reflection / Snack</u> Conclude each day with a Wrap-Up Routine. Organize all printed assignments by subject. Make note of where you left off today. Review the day’s activities and preview what learning is yet to come and complete your daily journal activity. Have a healthy snack.				